


# Argyle Central School January 2018 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>HAPPY NEW YEAR! School Closed</b>	2 Bagel & Cream Cheese or Blueberry Muffin & Yogurt Assorted Fruit Cups, Juice Fat Free or 1% Milk	3 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	4 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	5 Bagel & Cream Cheese or Mini Maple Pancakes Assorted Fruit Cups Juice, Fat Free or 1% Milk
8 Bagel & Cream Cheese, Cereal & Yogurt, or Cereal & Toast, Assorted Fruit Cups Juice, Fat Free or 1% Milk	9 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	10 Bagel & Cream Cheese or Cereal Bar & Yogurt Assorted Fruit Cups Juice, Fat Free or 1% Milk	11 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	12 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk
15 <b>Martin Luther King, Jr. Day School Closed</b>	16 Bagel & Cream Cheese or Mini Maple Pancakes Assorted Fruit Cups Juice, Fat Free or 1% Milk	17 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	18 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	19 Bagel & Cream Cheese, Cereal & Yogurt, or Cereal & Toast, Assorted Fruit Cups Juice, Fat Free or 1% Milk
22 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	23 Bagel & Cream Cheese or Mini Maple Pancakes Assorted Fruit Cups Juice, Fat Free or 1% Milk	24 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	25 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	26 Bagel & Cream Cheese or Blueberry Muffin & Yogurt Banana Juice, Fat Free or 1% Milk
29 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	30 Bagel & Cream Cheese, Cereal & Toast, or Cereal & Yogurt, Assorted Fruit Cups Juice, Fat Free or 1% Milk	31 Bagel & Cream Cheese, Cereal & Yogurt, or Cereal & Toast, Assorted Fruit Cups Juice, Fat Free or 1% Milk		

## Sports Schedules

### JV/Varsity Girls Basketball

1/2 Away @ Salem 5:30  
 1/5 Whitehall @ ACS 5:30  
 1/9 ACS @ Corinth 5:30  
 1/12 Lake George @ ACS 5:30  
 1/16 ACS @ Fort Ann 5:30  
 1/19 Fort Edward @ ACS 5:30  
 1/22 ACS @ New Lebanon 5:00  
 1/24 Heatly @ ACS 5:00  
 1/26 ACS @ Luzerne 5:30  
 1/30 Salem @ ACS 5:30

### JV/Varsity Boys Basketball

1/3 Salem @ ACS 5:30  
 1/5 ACS @ Whitehall 5:30  
 1/10 Corinth @ ACS 5:30  
 1/12 ACS @ Lake George 5:30  
 1/17 Fort Ann @ ACS 5:30  
 1/19 ACS @ Fort Edward 5:30  
 1/24 ACS @ Saratoga Catholic 5:30  
 1/26 Luzerne @ ACS 5:30  
 1/31 ACS @ Salem 5:30

## Calendar of Events

January 5 Grades 3-6 Academic Awards Assembly 1:30  
 January 8 Spelling Bee (Snow Date 1/9)  
 January 9 PTSA Meeting 7pm  
 January 10 All-County Band Auditions (Snow Date 1/17)  
 January 11 Board of Education meeting 7pm  
 January 15 Martin Luther King, Jr. Day—School Closed  
 January 22-25 Regents

# Argyle Central School January 2018 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>HAPPY NEW YEAR! School Closed</b>	2 Tomato Soup, Whole Grain Crackers 9-12, Baked Beans Grilled Cheese Sandwich Chilled Fruit Fat Free or 1% Milk	3 Chicken Nuggets Sweet Potato Fries Steamed Broccoli Whole Wheat Bread 9-12 Chilled Fruit Fat Free or 1% Milk	4 Chicken & Whole Grain Biscuit, Sweet Peas & Carrots, Bean Salad Chilled Fruit Fat Free or 1% Milk	5 Cheese, Pepper & Onion, or Pepperoni Pizza Carrot Sticks w/light ranch dressing Apple or Chilled Fruit Fat Free or 1% Milk
8 Hamburger on Bun Baked Beans Sweet Potato Fries Apple or Chilled Fruit Fat Free or 1% Milk	9 Chicken Fajita w/whole grain flat bread Pepper/Onion, Cheese Salsa, Sweet Corn Apple or Chilled Fruit Fat Free or 1% Milk	10 Baked Macaroni & Cheese Steamed Broccoli Whole Wheat Bread 9-12 Apple or Chilled Fruit Fat Free or 1% Milk	11 Hot Turkey Sandwich Green Beans Peach Cups or Chilled Fruit Fat Free or 1% Milk	12 Cheese, White Broccoli or Pepperoni Pizza Carrot Sticks w/light ranch dressing Apple or Chilled Fruit Fat Free or 1% Milk
15 <b>Martin Luther King, Jr. Day School Closed</b>	16 Hot Dog on Bun Double Dog on Bun 9-12 Sweet Potato Fries Steamed Broccoli Apple or Chilled Fruit Fat Free or 1% Milk	17 Baked Chicken Fresh Mashed Potatoes Sweet Corn Whole Wheat Bread Strawberries or Chilled Fruit Fat Free or 1% Milk	18 Tacos w/corn shells Lettuce, Cheese, Salsa Brown Rice, Refried Beans Apple or Chilled Fruit Fat Free or 1% Milk	19 Cheese, Pepper & Onion, or Pepperoni Pizza Carrot Sticks w/light ranch dressing Apple or Chilled Fruit Fat Free or 1% Milk
22 Chicken Nuggets Sweet Potato Fries Steamed Broccoli Whole Wheat Bread 9-12 Apple or Chilled Fruit Fat Free or 1% Milk	23 Tomato Soup Whole Grain Crackers 9-12 Turkey & Cheese on Whole Grain Roll, Baked Beans Apple or Chilled Fruit Fat Free or 1% Milk	24 Waffles w/syrup Sausage Link, Hash Brown Carrot Sticks w/light ranch dressing Cinnamon Applesauce Fat Free or 1% Milk	25 Chicken Patty on Bun Sweet Corn, Green Beans Apple or Chilled Fruit Fat Free or 1% Milk	26 Cheese, Ham & Pineapple, or Pepperoni Pizza Carrot Sticks w/light ranch dressing Banana or Chilled Fruit Fat Free or 1% Milk
29 Sweet & Sour Chicken Over Brown Rice Peas and Carrots Whole Wheat Bread 9-12 Apple or Chilled Fruit Fat Free or 1% Milk	30 Hamburger on Bun Oven Fries Steamed Broccoli Apple or Chilled Fruit Fat Free or 1% Milk	31 Burritos w/salsa Lettuce, Cheese Refried Beans, Sweet Corn Apple or Chilled Fruit Fat Free or 1% Milk		